

IN RIGHT EARNEST

O hushed October morning mild,
Thy leaves have ripened to the fall;
Tomorrow's wind, if it be wild,
Should waste them all.

These are the opening lines of a poem on October by Robert Frost. We may not have a fall season here, but October definitely heralds the beginning of the festive season.

The club is all in readiness both in terms of infrastructure and manpower to handle back to back events like Diwali Nite, the Christmas Ball and New Year Eve Celebrations.

The kitchen is the nerve centre of any hospitality unit and I am happy to inform you that the renovation of our club

kitchen is complete and the new facility will enable our staff to roll out delicacies with ease. The Biryani and Kebab festival held last month was a runaway success and highly appreciated.

Post monsoon the services of 'Road Runners' has further improved and it will enhance your experience of enjoying club food in the comfortable confines of your home.

The next round of hospitality training will be taken up this month to further augment the skills of our staff.

We would consider all our efforts to be fruitful only if the footfalls of our members increase and that is something that only you, dear fellow member, can make happen.

Hoping to see you all in large numbers at 'OCTOBERFEST' on 7th October 11am onwards...

Ganesh Kamath

Honorary Secretary



PC : Mr. Djaraj Nair

THE EDITORS DESK

The weather's not too pleasant. it's an unforgiving merciless sun that beats down on us these these days, Evening showers offer some respite. A generous helping of iced goodies at the club will certainly help, as will a dip in the pool.

An incredible victory in the Asia cup in an absolute humdinger of a final was a highlight of the sporting month. India Vs Bangladesh the new Asian rivalry, who would have thought it! Hold the presses! young Prithvi Shaw slams a century on debut! A Star is born!

The year starts to wind down and a hectic social calendar awaits, hence this issue we try and goad the members to hit the gym. Other matters in the October issue include the inaugural of the renovated kitchen, the new uniforms for our dedicated support staff get a look in. An appraisal of a tasty sausage rounds it off for this month.

Dr. Siddarth Shetty

Editor, MC Live

NEW STAFF UNIFORMS



Our Chefs, Hospitality staff and Housekeeping staff flaunting their new uniforms.

EAT - GERMAN PORK GARLIC SAUSAGES

The latest entrant into the MC potpourri of gourmet food is the German Sausage. Sourced from Meisterwurst, a manufacturer of fine cold cuts, meatloaves and sausages, these delectable garlic sausages and lightly frittered to give it a crispy outer layer with a slightly brownish hue, while at the same time keeping the luscious inner esculent simply succulent. Being cut into bite-sized pieces, these nuggets of savoury and tangy morsels are just right to be a light accompaniment. Light accompaniment to what? You may ask... Well, don't ask. It's just right to have along with nice hot cuppa chai, a goblet of wine or even a highball of whisky. Head to MC and find out why the German Pork Garlic Sausages are just right to bite on.



The Epicurean Foodie



INAUGURAL OF THE RENOVATED KITCHEN

Mrs. Chandralekha Shetty (W/o Former Hon. Sec. Dr. AV Shetty) inaugurated the renovated kitchen on 4th October. It is equipped with new additions which will enhance the efficiency of the club chefs. Standing L-R, Hospitality consultant Mr. Vinod Shetty, Club Manager Mr. Prasad Monappa, Past Hon. Sec. Mr. Isaac Vas, Mrs. Chandralekha Shetty, Mrs. Neeta Kamath, Committee member Mr. Albert Rebello and Hon. Sec. Mr. Ganesh Kamath.



EVENTS

07.10.2018 - Sunday - **Octoberfest**
 20.10.2018 - Saturday - **Housie**
 28.10.2018 - Sunday - **Rummy Knockout Tournament**
Upcoming events :
 10.11.2018 - Saturday - **Diwali Nite**

OBITUARY

Mr. K. J. Hegde
29.09.2018

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GYM - FOCUS ON FITNESS



The festival season is coming up and, as always, we will indulge our palates. You know the saying- a minute on the lips- a lifetime on the hips- and it's precisely to get those hips fighting fit that you should be using the MC gymnasium!

The word gymnasium comes from the Greek word *Gymnasion*, which meant a place where athletes trained for public games. The club gymnasium is about a decade old and is fairly well equipped, with an elliptical machine, treadmills, an exercycle and free weights. More importantly you can avail of the services of Roshan and Baliram, who, for a fee, will be your personal trainers and show you the ropes. Roshan feels that youngsters aren't using the gym adequately and urges members to come in larger numbers. The equipment is well maintained and Roshan has weight loss, weight gain and body toning programmes to make you into lean, mean fighting machines!

So the next time you look at yourself in the mirror and don't like what you see in the midriff area, pop into the gym and start a workout regime. It will be a gift to yourself that will never stop giving!

- Dr. Ajay kamath

For information regarding personal trainer's(PT) fees get in touch with the club office.



ENTRY WITH LUNCH

Members : Rs 350.00
Guests : Rs 400.00

SUNDAY, 7th OCTOBER

11:00 am-6:00 PM
All Day Event

