

# MC

## LIVE

Issue 04



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Editor : Dr. Siddarth Shetty

## IN RIGHT EARNEST

Come November and the festive season beckons! 'Diwali Nite', the first of our big three events will happen on 10th November. DJ Li'l B queen of Bollywood from Mumbai with her own patented remixes will ensure that all of you set a frantic pace on the dance floor. A food street complete with dosas and chaat followed by a mouthwatering buffet will activate your gastronomic impulses. Do be there with your family and bring your friends along.

On November 18th we will be celebrating Children's Day, a fun filled and special day for all the young ones. Thanks to Sameer Saldanha for all his efforts.

India as a nation has been in the news for creating a couple of world records. The Statue of Unity unveiled in Gujarat stands

proudly at a height of 182 meters, making it the tallest in the world. On the cricketing field Virat Kohli set the world ablaze with three consecutive one day hundreds, a first by a captain. Closer to home our own club made history by netting record sales of Rs 1.42 crore for the period ending Sep 2018.

As of now no new capital expenditure has been taken up but a few works are in the pipeline for the last quarter of this FY. On the food front 'Sarson ka Saag' and 'Makki ki Roti' created ripples amongst the foodies.

The Oktoberfest event was a huge success. Varieties of beer and a continental buffet were the highlights. Our website is being constantly updated with information on amendments in general rules and new affiliations. Our chairman for the Bar Sub Committee Mr Albert Rebello has ensured that the bar is well stocked for the festive season.

Overall the committee is collectively working to ensure that all of you dear members have a wonderful time at the club.

Wishing you all a HAPPY DIWALI!

**GANESH KAMATH**  
Honorable Secretary



Revellers at Oktoberfest

## THE EDITOR'S DESK

Some Mangaloreans (like yours truly) refer to the small dip in temperature that we experience in November to February as winter. This is usually met with incredulous looks from non-Mangaloreans who know what real winter is! Never mind them, enjoy these months by going for a brisk walk at 6AM or so, it really freshens up your mind and gives you a good dose of cardio.

On the news front, The #METOO scandal has resulted in many a pristine reputation being sullied, but one must be careful in passing judgement without definite proof against those accused. Another hot topic is the environment, with the

UN has issuing a warning that we have only 12 years to avoid irreversible climate change. unpredictable weather and floods in various parts of the globe are ominous signs, let us heed these and work for a better future.

This issue we have no dearth of content, 'Oktoberfest' was back with a bang and is covered by Rhyming Ramona. We have one of the clubs most colourful personalities, senior member Mr. RD Kini interviewed by a young Turk. The new Biryani on the block gets its due from the Epicurean Foodie. The issue concludes with CA Lionel Aranha taking your olfactory senses down the memory lane!

**Dr. Siddarth Shetty**  
Editor, MC LIVE

# OKTOBEERFEST

Munich , in October , is the place to be  
For those who can't make it, there is always MC.

Our design team created the magic of Oktoberfest  
By the poolside , the setting was simply the best.

Long tables and benches were all layed out  
The food was definitely something to write home about.

There was the sausage platter from Meisterwurst and a live pasta station  
The crooners from ' Microband' were quite a sensation .

Then , of course, there was beer , the most important part  
Ten varieties of it , you wouldn't know where to start .

All in all , It was a relaxing breezy October noon  
We look forward to many such events very soon .

Until then keep up the good cheer  
Cause the festive season is finally here.

Cheers !!

- **Ramona Mathias**



# MATKA BIRIYANI

The Matka Biryani is a delicacy which has its origins from Mughlai and Awadhi cuisines. Having come a long way, the biryani is always best when it is served in its traditional form: inside a Matka (an earthen pot) which has been cooked 'dum' style with all the masala marinated through, and oozing flavours enveloping each grain of Basmati. When the maitre'd brings the biryani in the matka to your table, it seems a little unassuming. Then he unravels the soft roti (made of wheat dough) covering the top of the matka. This roti has sealed inside the matka, an overwhelming aroma of the biryani. This unraveling is when you get to 'taste' the biryani. With the aroma itself! Much before you eat it!! Here is when you begin to understand the real meaning of what it means to be tantalizing. Eventually, you experience a struggle of whether to wait for everyone at the table to be served, or to dig into the biryani on the plate in front of you! Whichever path you eventually take, don't wait too long to relish in this delicious ambrosial affair! Needless to mention, this is an experience which must be lived through and not read through. Don't wait any longer – head to MC. I'll probably meet you, as I am going there now to have a Matka Biryani myself.

- **The Epicurean Foodie**



# MEET - R.D KINI



Mr. R.D.Kini is one of the most popular and gregarious personalities of our beloved Club. His patronship and love for the club is known to all those who know him as the affable man wearing suspenders, often found sitting at his usual spot at the corner bar stool of the MC bar. He has a larger than life personality and is a source of wisdom and sage advice to all those who count on him for support. What many people don't know, is that he is the epitome of hard work and discipline and all that he has achieved in life is his doing alone. He loves his family and his friends and his work. Mr. Kini's life can best be encompassed by the words Frank Sinatra's famous song, "My way":

**Your friends call you???**....On my face they call me as Kini Maam, Kini uncle, RDX Kini & also popularly called as Paint Kini based on my profession. However, behind my back I may have other names..hahaha

**Member of the club since?**...Since 1995 (supplementary test )

**The place your most likely to be found at in MC???**...MC Main Bar, on the corner most bar stool in the southwest.

**How has mangalore club changed over the years?**...The Club has changed by leaps & bounds over the years & it beats any 7 star Hotel.

**One thing you like the most about namma kudla?**...Our great Namma Kudla is the only place in India with no slums, no beggars(local) & no petty thieves.(Even if you leave your expensive helmet & footwear etc unattended, nobody flicks it)

**Your greatest strength and weakness?**...My greatest strength is that I can fight for other peoples causes, but am weak when it comes to fighting for my own cause.

**Is there anything you would like to change about the club?...**  
The Big Main door of the club to be kept open so that seniors & elders can enter the club with their families easily.

**Your mantra for success?**....Plan for the work & work for the Plan.

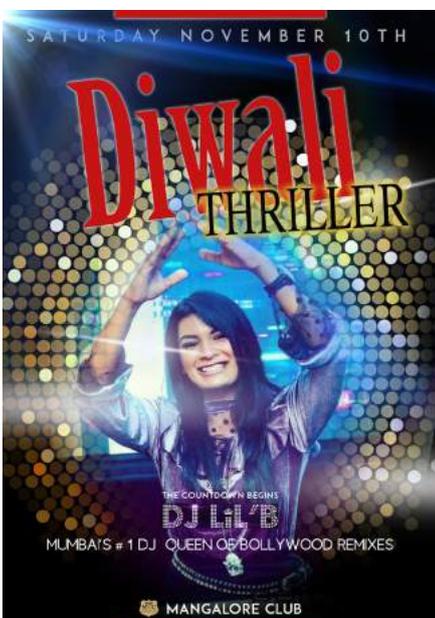
**The message that you would like to give our readers.....**Club has earned huge respect due to the goodness & good reputation of senior members. I hope that the young members maintain the same & carry the legacy forward.

**Who has been your role model and why?....**Sir M V Vishweshwariah. I vividly remember a subject in Non detail in my school days on Bharat Ratna Sir. M. V which keeps me inspired throughout my life. Besides many other role models too.

**Your favourite dish is?**....Pork Baffat.

**Three things you cannot live without??**...My work, My family & My GOD(spirit also counts for GOD...wink)

- Interviewed by **Dr. Arjun Nayak**



## EVENTS

- 10.11.2018 : Diwali Nite
- 17.11.2018 : Housie
- 18.11.2018 : Children's Day
- 25.11.2018 : Rummy Knockout

## OBITUARY

Mr. K.Madhukar Kumar on 04.10.2018

Mr. Surendra (Staff) on 18.10.2018

# IDENTITY

## PERFUMES AND MEMORIES!

A perfume is the last and best reserve of the past and is the key to our memories. I was first introduced to perfumes by a distant cousin some 45 summers ago. He landed up from Saudi Arabia all prim, proper and smelling great. I wrinkled my nose and inquired about the fragrance. He took out a bottle and gave it to me, I applied a dab on my wrist and inhaled the exotic scent and since then I have been hooked.

A week ago, I got into an elevator in Mumbai and there was that same exotic smell lingering in the lift. Memories came flooding back. As the famous French Designer Sonia Rykiel once remarked: 'Perfume follows you, it chases you and lingers behind you. Its a reference mark'.

Perfume is derived from the perfumare in latin, meaning 'to smoke through'. The art of making perfumes began in ancient Egypt and Mesopotamia. It was perfected by the Romans and Persians. For us Mangaloreans it was introduced by our relatives coming in from the Gulf. Some dab it on, some spray it and some others marinate themselves in it. In the good old days, a strong smelling Mangalorean was a 'Gulfi', well recognised even by the fisher women over the smell of fish. (and looted appropriately too). Today, we have perfumes, deodorants, colognes and more. Its a billion dollar industry. Unlike trade mark, there is no smell-mark; hence companies protect their perfumes as Trade Secrets (like Coco Chanel). The media is rife with advertisements



for perfumes, deos and the like. In 2009, Unilever, the marketers for Axe, was sued by a man who cited his failure to attract any girl at all even though he's been using Axe products for over seven years now. (Axe advertisements suggest that the products help men become irresistible to women).

It is not only men and women who go gaga over perfumes. From a recent news report I understand the forest rangers in a wet and bushy patch of central India have been chasing a cunning female tiger suspected of killing 13 people. For the past 6 months they have tried all the tricks in the book to trap the big cat but to no avail. So as a last ditch attempt the rangers plan to deploy a new weapon and believe me its this- a bottle of Calvin Klein Obsession. This fragrance for men includes civetone, a compound originally derived from the scent gland of the civet cat. Obsession has been billed as irresistible to women. But because of civetone, it is also scientifically proven to make wild cats go gaga- they take huge sniffs, roll around and just look to be in heaven say experts in the field.

Each one of us has a favourite perfume. Mine was Brut, now I'm game to try anything new. Though I am yet to know of what happened to the queer case of the man who went to the courts against the makers of Axe perfume for failure to attract the fairer sex, Obsession is definitely out of my list - the wife would definitely treat me as a suspect!

- Prof. Lionel Aranha

