

MC

LIVE

Issue 09



Volume : 02
Month : APR 2019
Editor : Dr. Siddarth Shetty

IN RIGHT EARNEST

Examination season is mostly done and parents must be heaving a sigh of relief. But the heat is on in the literal sense- it's April, the temperature is steadily rising and so is the humidity. It's also election season and that creates a heat of a different kind altogether! One of the easiest ways to beat the weather is to head off to cooler climes, as many in Mangalore club are planning to do. A club tour to an exotic land beckons!

CSK is off to a flying start in the IPL and we bring the flavours of Chennai straight to your discerning palates with the 'CHETTINAD FOOD FESTIVAL' in the last week of April. Smack your lips as you savour Prawn Kuzambu and Urlai roast along with Iddiapum.

Infrastructure development has been high on our priority list and renovation of the administration area will be taken up this month making it more organised.

Easter Nite will be celebrated on 20th April at the club- as always, it will be an event to look forward to. Get ready to dance into the wee hours!

It's been our endeavour to make reciprocal arrangements with other reputed Clubs. The latest addition to this stable is the 'Madras Boat Club', one of the oldest and most venerable clubs of Chennai.

Enjoy the summer, fellow members! And do not forget to do your civic duty by casting your vote on balloting day!

Ganesh Kamath

Hon Secretary.



Art by Ella Masters

THE EDITORS DESK

This year April is packed with action, with the general elections being conducted across the country and IPL circus commencing. Both mega events will ensure that the eyes of the public stay glued to the TV. The impact of IPL is so massive that Multiplexes and malls look a bit forlorn during the season. Even Bollywood is forced to delay the big-ticket releases.

On the other hand, children and parents rejoice since the examination season winds up. As the summer sun rises to its zenith and the humidity peaks, it's time to vacation in cooler climes, it's time to buy Mangoes to feast on, it's time to visit the ice cream vendor (Mangaloreans are spoiled for choice when

it comes to ice creams), it's time to spend time in the swimming pool, it's time to pay the astronomical power bills thanks to the AC, so on and so forth.

This issue one of Mangalore's famous physicians is quizzed by Dr. Ajay Kamath. The foodie reviews a club classic. A landmark Mangalorean house gets a look-in. Our regular columnist Past Sec. Isaac Vas shines light on an appliance from the past.

Dr. Siddarth Shetty

Editor, MC Live

GLENMORE



Majestically situated in the heart of Falnir is 'Glenmore', the residence of the Rebello's, built in 1907 by Emmanuel Rebello an erstwhile tile manufacturer (M/s.M. Rebello & sons). It was the first house to get an electricity connection in Mangalore, way back in 1932 and hence the meter bears the RR no. '1'. The house was inherited by his son A.J. Rebello and then passed on to his grandson E.L. J. Rebello who is survived by his wife Mrs. Celine Rebello who resides in Glenmore at present.

EAT - EGG CHILLY



The unassuming egg is one of the most diversely used ingredients in cooking. Even as a standalone, the versatility of the egg is simply unbeatable. Ranging from the child's play boiled egg to elaborate dishes which would keep even a Michelin Chef on toes, the egg has come a long way. The chefs at Mangalore Club are no less: The Egg Chilly is one such preparation which is wholly unique in the way it is made. Well frothed whisked eggs are pan roasted with herbs and spices to make a savory crepe. The whisking is of the utmost importance because it gives the fluff to the egg crepes. This crepe is then rolled and cut into julienned egg bits which are then sautéed with soya sauce, chilly sauce and other garnishing to serve up this mouthwatering eggs-traordinary ensemble: The Egg Chilly.

- The Epicurean Foodie

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MEET - DR. HANSARAJ ALVA



What made you interested in Mangalore club and when did you become a member?

You might remember you yourself motivated me to join Mangalore club during Dr. A. V. Shetty's tenure.

What is special about the club from your viewpoint?

The feel and the location.

You are widely travelled- which is your favourite holiday destination?

Mykonos Island, Greece with the turquoise beaches and fabulous nightlife. I also liked this place called Volanadam, a sleepy fishing village in the Netherlands.

We know you are a cricket buff- what is your favourite cricketing moment?

India's successful chase at Port-of-Spain against the West Indies in 1976.

What are your other hobbies?

I'm into philately and photography of late.

Which song title would you use to describe yourself?

'It's my life' by Bon Jovi.

What is your favourite spot and dish at MC?

Stargazing at the granite counter outside the bar with a great view of the bridge. Pig in blanket.

What is your advice to junior physicians just starting out?

You don't have to be a hero. Doctors make mistakes. Have good work ethics.

What is your philosophy for living life?

Stay humble, stay quiet, keep it simple, don't expect too much, enjoy what you do.

Who is the one person you would consider to be your role model?

Late Dr. Dilip Adappa!! I loved his philosophy- "work hard party harder"

RECIPROCAL AFFILIATION

We have finalised reciprocal arrangements with following club:

Madras Boat Club, No.2, 3rd Avenue, Boat Club Road, Chennai-600 028

Phone: 044-24353190, Email: info@madrasboatclub.com

Members are requested to note this and avail the facilities.

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IDENTITY - THE LIGHT COMES BACK TO THE PETROMAX

They were once used to light up wedding processions and were a must at temple festivals in Mangalore. Bearers used to carry these lamps in an array on their heads followed by the deity. There were designated families who took pride in leading the temple processions with these lamps. Petromax lamps have lost their sheen in the last decade. Dwindling patronage has sounded the death knell for these beautiful lamps and their use is being limited to fewer occasions by the day. The discovery of the LED lamp was the last nail in the coffin for these lamps.

The first residence that got electricity in Mangalore was 'Glenmore' belonging to Mr. Larry Rebello, our Member. Located in Falmir, the house received the electricity connection in 1932. In those days Mangalore was a little village. Kerosene lamps were lit up for light in the evenings. However, the homes of the affluent were lit up by Petromax which were also called gaslight or hurricane lamps. Soon every house shifted to these lamps.

Nearly a decade ago I was invited to a birthday party by a friend of mine who had come from Germany. I was searching for a unique gift to present it to this gentleman. Knowing his love for things that were linked to the past, I wondered if I could find a Petromax (originally from Germany), in Mangalore. My search did not take me far. Tucked in between rows of shops on Car Street, I found an outlet that continued to rent out these lamps, despite the dying patronage. After some coaxing I was able to get the phone number of the manufacturer of these lamps. Mr. Raju Bhai of National Stove Works, Mumbai, was really happy to receive my call.

Unfortunately he had closed shop only a few months back due to lack of demand. As luck had it, he had shipped the last few pieces he held in stock, to his dealer St.Antony's Cycle

Shop in Udupi. Mr. Raju Bhai further said that earlier every city had persons who used to eke out a living by renting out these lamps, but now had ventured into other businesses. "It is a dying trade" he lamented. Maybe if online marketing was as vibrant as it is now, Mr. Raju Bhai would not have had to go through the painful process of closing his enterprise which was dear to his heart.



It was Auer von Welsback, an Austrian Scientist who invented the principle of the incandescent mantle light in 1885. This new found principle was revolutionary, especially in applications of street lighting and quickly became widespread throughout the industrialized world. The first and most successful kerosene fuel pressure lantern was invented in 1910 by Max Gaetz and the world famous Petromax was born which remained popular until the last decade.

Recently I learnt from my friend in Germany that the original Petromax brand has been revived by a 24 year old student of Germany who was fascinated by these lamps during his visit to Africa and has created an active business out of it. He has acquired the trademark rights of the brand from Schott who owned it. The Petromax has seen a renaissance which would have made its creator Max Gaetz happy. My friend says the Petromax I had gifted to him remains his prized possession to date.

- Isaac Vas