

Issue: 03 October 2019

# Secretary's message

fit to take up the affairs of this prestigious club. With a high by embarking on installing state of the art 100 % waste sense of responsibility, I thank you all for reposing faith and **disposal facility.** We are also working towards introducing confidence in me.

It is festive time already, with the onset of Navaratri and soon safe. to be followed by Oktober fest & Diwali, there's no better time Thanks to all your support, the club performance has been than this to showcase the energy of the club. I am blessed with peaking in all aspects of operations, setting new benchmarks an efficient and experienced team which I am sure will bring year after year, looking forward to your continued enthusiasm out the best in our club.

In continuation to the previous years new initiatives, Infra being an important priority we have plans to continue adding value to the club facilities, also on top priority is Green **initiatives**-after the successful commissioning of Solar Power

It was indeed an overwhelming feeling when you all found me Plant we are planning one more Green environment initiative **"Back home safe – facility"** a facility to drive you back home

and participation this year too.

Shashidar Pai Maroor. Hon. Secretary



The gorgeous green view from Mangalore club – shot by member **Prashanth R. Rao.** 

## The Editor's Desk

This is the GO GREEN - ENVIRONMENT issue of MC-Live. As the world protests & worries about the future of our planet, Mangalore club members too support the cause. The member of the month is **D.B Mehta** who is not only a dynamic entrepreneur but also an ardent supporter of environmental causes and a practicing vegan. Our foodie of the month is **Rupal Banker** who recommends some yummy vegetarian dishes at MC. 'Club Express' features Usha Pai, Lester D'Souza & **Nelofer Saldanha** who talk about how they support the green revolution. A new MC committee has been selected and vou can get to know more about them in What's New @ MC!

> Rajni Lobo Patrao Editor, MC-Live.



## **Club events**

### **Oktober Fest**

Sun. 13th Oct. - Noon onwards - Pool side.

#### **Housie**

Sat, 19th Oct. – 8 pm – A.C Hall.

#### **Diwali Nite**

Sat. 26th Oct. – 8 p.m onwards.

#### **Rummy Knockout**

Sun, 27th Oct. – 10:30 a.m. – Card room.



### **D.B Mehta**

#### Chairman of ALLEGRO Ventures India Pvt. Ltd.

D.B Mehta, is a man on a 'higher' mission. Apart from his innumerable successful endeavours in the business world, one of his main objectives has been to help make Mangalore not just a 'smart' city but also a 'green' city. He, along with his illustrious wife Giselle Mehta (nee Lobo Prabhu) champion various social causes such as discouraging animal cruelty and promoting veganism. His wife, Giselle is a published author and a passionate animal rights activist. His son Nawal works as a Financial Analyst with Accenture, London and his daughter, Tamara is studying at Pitzer College, Claremont, USA. We are happy to feature him as member of the month for our 'Go green' – environmental issue.

#### What have been the building blocks of your life?

Life is about building oneself up continuously and simultaneously demolishing what doesn't work. My foundation is based on three blocks which have stayed with me all along - they are 'common sense', 'observation' and 'listening'

## According to you, which is the most architecturally beautiful building in the world and why?

The Khajuraho temples that blend art, love, faith and the essence of human existence.

#### The most serious threat to our planet right now is...

To put it simply, it is human greed and apathy. Most of us want someone else to deal with the problem. If we want the world to change, let us change ourselves first.

### A few changes you think our city needs

It's a long list. Most important ones are 24 x 7 water supply, proper handling of garbage and footpaths for pedestrians. If the city fails to create enough jobs, I wouldn't be surprised if Mangalore becomes a pensioners' paradise. A smart city in its truest sense is made of smart citizens of all age groups.

## If you had a time machine, which event would you like to change?

My mother's death at the young age of 56.

### When not working, you like to...

I enjoy relaxing at home watching music videos ranging from classical opera to Broadway musicals, which I equally love to watch on stage when I travel. I also enjoy a romp around with my pets and making my own social media videos with my commentary on various subjects. I look forward to chatting with my better half over a drink at the James Moss Bar in MC.

### Mention one thing that most people don't know about you

Most don't know my first name is Dharmendra as I'm known by my initials 'DB'.

#### Your favourite vegan dish at MC is

Scotch and chips. An addition to the menu of Vegan items would be welcome.

#### What do you enjoy most about being a member of MC?

I value an old connection with the Club which had its early existence at my wife's family home in Lighthouse Hill. As such I vibe with the vintage feel as well as the dynamism of movers and shakers.

#### Your 'green' message to MC members

Saving the planet starts with our choices. I count my carbon footprint from decisions on food (one of my reasons for being vegan), lifestyle and consumer products. Do you? I'm carbon positive even in my business. Are you? A change in how we think about our planet is the need of the hour. We have not inherited the earth from our forefathers but borrowed it from our children and grandchildren. The time to act against global climate change is now and it starts with each of us.

-Interviewed by : **Rajni Patrao** 



#### Khichdi accompanied with Tandoori Mushroom.

**Rupal Banker** can be described as a health-conscious person who loves food that tastes like it's home cooked. It's no wonder that she & **Punit** enjoy the homely 'khichdi' at MC. 'Khiccha' is a Sanskrit word which means a dish of rice & lentils. It's a comfort food in most homes in India. The khichdi is a dish for all seasons, no matter where you are. One of the most ancient foods of India that has hardly changed over the years. Rupal adds that if you want some 'chatpata' side-dish then the tandoori mushroom is another great vegetarian option. Do try it out!



# What's New @ MC -

### Meet the new committee members...

Meet the new committee members as they put on their new hats & take up their various portfolios.



#### Shashidhar Pai Maroor

Honorary Secretary/ Admin & I.T qualities of a good and able leader. He ship who will continue to take the club inspire some great new cuisine! Bon Apetit! to newer heights! Aye, Aye, Captain!

### **Vincent Joseph Neelivara**

Hon. Joint Secretary/ Kitchen Mgt. He's been a MC club member since 16 He's been a MC member since 13 years. He's years. He's a businessman - partner in a planter and a business entrepreneur. He's Maroor Group. He possesses the perfect a man of style, a connoisseur of good food with a keen eye for detail. All this makes him is the newly elected captain of the MC the best man to oversee the MC Kitchen &



#### Ranjal Rajnish Nayak

Finance & HR

He's been a MC member since 10 years. He's a chemical engineer & company director at KONSPEC. He's social & approachable. He enjoys intellectual pursuits such as; coin collecting & reading and now he's in charge of the MC accounting books



#### **Joachim Louis Pinto**

Bar, maintenance, housekeeping & infrastructure

He's been a MC member since 11 vears. He's a business entrepreneur in the Tourist Transport, Hospitality & Realty industry. He's a multi-faceted and dynamic person, who keeps everyone in 'high spirits'. For sure in his new portfolio too, he will set the 'bar' really high. Cheers!



#### **U. Vishwanath Mallya**

Library, Manual of operation, Affiliation Past honorary secretary Having retired from the cashew prothe club from all his travels.



#### M. Ganesh Kamath

He's been a MC member since 35 years. He's been a MC member since 18 years. He's a pharmaceutical distributor by profession. cessing business, he's now an advisor He enjoys reading, travelling and watching at TRAVEL TOURS. He himself loves to cricket. Ganesh was previous honorary sectravel & taste different kinds of cuisine retary of MC and he has graduated with honand is a keen formula 1 racing fan. He ours & flying colours! He continues to lend will surely bring in lots of new ideas into his support and is an important part of the present committee.



#### Santosh John Rodrigues

Entertainment, sports & tournaments He's been a MC member since 11 years. He's an auto-dealer & a businessman. He's passionate about music, sports & of course cars. He's been a committee member in the past as well and has proved to be a wiz at organizing club events. He's heading the entertainment & sports committee and will use his past experience and fresh ideas to create some exciting club events.



#### **Helen Alvares**

Entertainment, sports & tournaments She's been a MC member since 14 years. She's a business entrepreneur & an agriculturist. She's fun-loving & a great organizer, which are perfect requirements for the entertainment committee. She's the FIRST WOMAN COMMITTEE MEMBER in the history of Mangalore club, and will surely bring a feminine touch to all club events.







# **Club Express**

# "How green are YOU?"

"Let's get the hint, don't leave a carbon footprint!" MC members answer the inevitable question that is posed to each and every human being these days: "How Green are YOU?"



#### Usha Pai

I'm green with envy! That's what I feel every time I hear of plant enthusiasts speak about another beautiful swathe of green planted in their side of the world. It takes a special kind of love for the Universe to give time and effort to this silent saviour of the earth. I have no green thumb yet, but I do have a green heart and that keeps me hopeful of a tropical paradise of my own soon!



#### Lester D'Souza

I have been working on recycling organic waste into re-usable products. That way, I not only reduce my carbon footprint but also that of our community. I am also working on promoting use of recycled paper which reduces felling of trees and reduce water used to starch regular paper.



#### Nelofer Saldanha

I am a conscientious consumer and have become a minimalist (it's lighter on the pocket ☺). In my attempt to green my lifestyle, I have made several changes over the past 20 years. From ripping out my lawn, resisting the use of paving blocks, rain-water harvesting, planting of trees, household waste segregation and recycling, to the choice of my clothes and the type of food I eat! It's become our way of life and it can be yours too!

Last month Contest winner: Mrs Ratna Pinto winner of 'ME & MY GANG @ MC'



Caption -

"When we got photo-bombed by the yellow dress @ MC."



### **Club contests**

WIN A RS. 1500/- GIFT VOUCHER FROM



All you have to do is:

- Get dressed in your Diwali best!
- Take a selfie with any Diwali related item: diyas, mithai, rangoli etc.
- And send it to the editor @ 99459 20547

Looking for the most colourful and creative Diwali pic.







