

SECRETARY'S MESSAGE

Dear Members,

At long last, the monsoon has arrived in Mangalore in its familiar grandeur. The dark clouds, the rhythmic downpour and the cool breeze have transformed the city once again. One can hardly imagine Mangalore without its rains; they are as much a part of our identity as the warmth and hospitality of its people.

Here at the Club, work continues steadily on several fronts.

Our Badminton Court will remain temporarily closed while we carry out repairs to the roof. Investigations have revealed that water seepage from the swimming pool above has caused spalling of the concrete, and corrective work is now underway. We appreciate your patience and understanding while we restore the facility.

I am also pleased to inform you that the Electrical Audit of the Club has been completed. The recommendations are now being taken up in phases, further strengthening the safety and efficiency of our infrastructure.

Meanwhile, our much-awaited Wedding and Events Hall is taking shape beautifully. With purchase orders now being issued for the interiors,

tiles, sanitary fittings, doors and lighting, we are on course for completion by the end of October.

Not every project, however, goes exactly to plan. During the work, we discovered that the retaining wall on the eastern side of the property has weakened and requires immediate attention. While this was unforeseen and will have financial implications, it is a necessary investment in the long-term safety and stability of the Club. As always, we will keep members informed of the progress.

Finally, a date for your diary, 15th August. Our Independence Day celebrations promise something for every member of the family: an exciting Treasure Hunt, the bumper housie, a specially curated menu, a well-stocked bar and live music to round off a memorable day. We hope to see you there in large numbers as we celebrate together in true Mangalore Club spirit.

Until next month, take care, enjoy the rains, and I look forward to meeting many of you around the Club.



Sameer J. F. Saldanha
Honorary Secretary
Mangalore Club



EDITOR'S NOTE

Dear Members,

As we welcome another vibrant season at Mangalore Club, it is heartening to see our Club continue to grow, not just in numbers, but in spirit. A warm welcome to all our new members who have recently joined the Mangalore Club family. We hope you build lasting friendships, create cherished memories, and actively participate in the many activities that make our Club such a special place.

This edition also celebrates the wonderful Women's Day festivities, where we came together to honour the remarkable women in our community. The event was filled with laughter, camaraderie and engaging activities, reminding us of the invaluable contributions women make to our families, professions, and society. Read on to know more on what Neetha Kamath has to say about this evening of celebration and togetherness!

Some traditions are so deeply woven into club culture that we hardly notice them until they begin to disappear. In this delightful and nostalgic piece,

Isaac Vas takes us on a journey through the story of the iconic Club Plate - once a hallmark of distinguished clubs and a symbol of their unique culinary identity. Blending humour, history and a touch of nostalgia, he reflects on why this classic favourite has faded from many club menus while highlighting Mangalore Club's commitment to preserving its own traditions. Delve into this thought-provoking read that may just leave you craving a Club Plate of your own!

As you browse through this bulletin, I hope you enjoy revisiting these memorable moments and appreciate the efforts of the members, volunteers, and committees who work tirelessly behind the scenes to make every event a success.

Here's to many more occasions that bring us together, strengthen our bonds, and enrich our Club experience.

Happy Reading!



Vathika Kamath
Editor

WOMEN'S DAY CELEBRATION AT MANGALORE CLUB

A Day of Joy, Sisterhood & Celebration

Mangalore Club came alive this Women's Day on the 8th of March 2026 as the ladies gathered for an evening filled with laughter, music, and togetherness. The atmosphere was euphoric from the very start; a room full of energy, colour, and the unmistakable spirit of womanhood.

Anchoring the event with grace and charm was Dipali, our wonderful host for the evening.



With her engaging presence and warm wit, she kept the celebrations flowing and every lady feeling included. The highlight of the program was the series of fun spot games that brought out the childlike joy in all of us. Cheering, clapping, and lots of laughter echoed through the hall as everyone participated with enthusiasm. The beats were set by DJ Apeksha, who kept the mood high and the dance floor buzzing. Adding sparkle to the evening, Ramona Mathias stepped up to teach a lively dance step. What began as a few hesitant

moves soon turned into the entire room dancing in sync a beautiful sight of unity and fun. No celebration is complete without good food, and the spread of delicious dishes and refreshing drinks was thoroughly enjoyed by all. As a token of appreciation, every lady received a thoughtful gift, making the evening even more special.

More than just an event, this Women's Day was a celebration of strength, friendship, and the joy of coming together.

Mangalore Club truly honored the spirit of its women, and everyone went home with hearts full of happiness.

Here's to more such moments of celebration, laughter, and sisterhood!



Neetha Kamath

SUN, FUN & TEAM SPIRIT: MC STAFF PICNIC

The much-awaited staff picnic was organized for the MC Staff, who tirelessly serve members at the Club with a cheerful smile! Hosted at the beautiful beach house of Peter & Paul at Sasihithlu, nearly all staff gathered for a day filled with laughter, bonding, and friendly competition. The ocean breeze set the perfect mood for relaxation and joy.

The staff enthusiastically participated in specially arranged indoor and outdoor games, sparking cheers and showcasing teamwork and competitive spirit.

The day was a wonderful reminder of how strong our team is when we work and play together. Everyone returned with happy hearts and renewed energy.

A heartfelt thanks to our Hon. Secretary for initiating this fun-filled picnic for the staff, and to Peter & Paul for graciously providing the venue—making the day truly memorable for all!



Rohan D'Souza



WELCOME TO OUR NEW MEMBERS



Dr. Pramal is a Consultant Anaesthesiologist with over 30 years of experience in his field. Beyond medicine, he has successfully ventured into the world of hospitality as the owner of Curry Wok Restaurant. A man who believes in the finer things in life, he is also a keen golfer who enjoys his time on the course.



Mr. P. Radhakrishnan is a Fellow Chartered Accountant and Fellow Cost and Management Accountant, with a wide Industry experience across various leading Corporates viz Ramco, TAFE, Reliance and Kesoram. He is currently Whole Time Director and CEO of Kesoram. A keen sports enthusiast, he is promoter of a sports startup MaidanX Private limited. His wife Premila Saldanha is from Mangalore and he enjoys playing Table Tennis, Pickleball, chess and scrabble.



Mr. Deepak Joseph Pereira An engineering entrepreneur who has been a resident of Dubai for over 20 years, Deepak completed his BE at MIT Manipal and Masters at Strathclyde University, Scotland. Following a successful career heading engineering teams, he established his own venture in automated parking and security systems.



Mrs. Gina Vanessa Mary Rasquinha Gina is a mum of two little boys and a marketer at heart! With an MBA from St. Joseph's, Bangalore and 9 years crafting digital marketing strategies, she unwinds with a good book, music, and songs she loves to sing along to. A water lover at heart, happiest by the beach or in a pool.



Mr. Govind Jagannath Shenoy completed his Bachelor of Commerce at Vidyashram, Mysore, and is one of the partners at MGBW Group (Mangalore Ganesha Beedi Works), where he is involved in taking his family business forward. Outside of work, his an automobile enthusiast with a passion for collecting cars, and enjoys staying active and maintaining a healthy lifestyle.



Mr. Gurudatt Shetty holds a BE and an MBA, which laid the foundation for his deep passion for building startups, growing markets, and scaling businesses. Currently, he serves as the Managing Partner at Pure Carbons, which specializes in manufacturing Activated Charcoal. He is happily married to an ex-IT Housewife who has dedicated herself currently to parenting their two wonderful kids.



Mrs. Onisha Anabel Pinto did her Architecture at MIT Manipal, and after marriage to Tushar Pinto moved to Dallas where she worked as an Architect for a few years before embracing her most cherished role that of a mother to two wonderful daughters Tanaisha and Omaira. She enjoys traveling, exploring new cultures, and creating meaningful memories with her family, finding inspiration in life's everyday moments living life to the fullest.



Mr. Ajay Rao is an Engineer by profession and currently works at Amazon as a Program manager for Speedy delivery programs. He did his schooling at St. Aloysius high school, Mangalore and holds a B. Tech from NITK Surathkal. He has spent the last 10 years working at Amazon covering a various Engineering and Program management roles. He is an Avid music, aviation and Motorcycling enthusiast. He is a qualified Paragliding pilot, trained off road motorcyclist and a semi-professional Drummer.



Dr. Lenon D'Souza, is an Associate Professor of Vascular and Neuro Interventions at Fr. Muller Hospital and visiting consultant at multiple other hospitals in Mangalore city. He is known for pioneering multiple new and innovative minimally invasive, non-surgical procedures in Mangalore city. Apart from this, he is a musician, guitar player, avid debater, travel and cuisine enthusiast and is happily married to Dr Lisa Jennifer, a skilled dermatologist and aesthetic medicine practitioner, who has just set up her practice in Mangalore.



Mr. Aakash Rao was born and raised in Mangalore. He is a corporate coach, who empowers executives and organisations to boost productivity, improve communication and navigate

change. He studied psychology from the University of Amsterdam and loves learning, meeting people and watching football



Dr. H.T. Amar Rao A Senior Consultant - Surgical & Gynaec Oncologist and Robotic surgeon at Zulekha Yenepoya Institute of Oncology Deralakatte, Mangalore, he

is actively involved in cancer awareness campaign program and Early cancer detection. He is a Coordinator & Empanelled doctor for Ayushman Bharath Arogya Karnataka and is actively involved in saving cancer-affected lives in three Mangalore hospitals over the past 15 years.



Mr. Taran Attvar graduated from Imperial College London with a Masters in Physics. He is currently living in London and working as a mathematician for a games studio. He

loves cricket and have been playing since he was 2 but he enjoys almost all other sports as well!



Mrs Rajni Nayak Shetty with over 17 years of experience in the retail and fashion industry, Rajni has built a successful career driven by creativity, entrepreneurship, and a passion for

for timeless style. She is the Co-Founder of Mon Tresor, a fine jewellery brand that celebrates elegance & craftsmanship. She currently resides in Bangalore with her husband, Palgun Shetty, and their son, Tej Shetty. She enjoys exploring new destinations, experiencing different cultures through travel, and unwinding with a good movie.



Mrs. Andrea Fernandes (Rebello) grew up in Mangalore. She did her Engineering at NITTE and moved to the UK to work in Finance. She currently lives in Surrey with her

husband and two children and loves coming back to Mangalore with every chance she gets. She has fond memories of spending her childhood at the Mangalore Club and is looking forward to connecting with old friends.

THE CURIOUS CASE OF THE MISSING CLUB PLATE

A friend of mine recently visited a prominent club in Mumbai, one of the city's most prestigious institutions, which enjoys reciprocal arrangements with the Mangalore Club. He went hoping to relive an old culinary memory: the legendary Club Plate he had enjoyed there years ago. To his surprise, it was nowhere on the menu, at least not at the Seaside Annexe. It made him wonder whether the Club Plate had quietly gone into retirement.

There was a time when every genuine club proudly served its own Club Plate. It wasn't just a meal. It was the club's signature, as recognisable as its crest or its bar. Each club had its own version, prepared by its own cooks from recipes that belonged to the club and nowhere else.

The old Club Plate was a complete meal: hearty, satisfying and unmistakably "club". It was comfort food long before the phrase became fashionable. Ask any old-timer about it and watch their eyes light up faster than the dessert menu.

It was never a standardised dish. A classic plate might carry a steak in brown gravy crowned with

cheese and herbs, a sunny-side-up egg perched on top, thick-cut chips, buttered carrots, beans and cauliflower, toasted triangles of white bread, and a grilled tomato with a scatter of pepper and chilli flakes. A whole meal on a single plate, and unmistakably the fare of the old military, railway, gymkhana and service clubs. Yet each club rang its own changes on it, slipping in a signature dish or two that belonged to that club alone.

Outsourcing may have something to do with its disappearance. Many clubs have handed their catering to outside contractors. The food may be excellent, but it often tastes more like restaurant fare than club fare. When one caterer serves several clubs, the menus start to resemble one another, and the flavours that once set a club apart slowly fade. Mangalore Club, to its credit, is one of the few that has resisted the easy temptation to outsource, and has stood its ground in keeping its kitchen its own.

Ask a young waiter today for the "Club Plate" and you may get a puzzled look, or perhaps directions to the nearest dinner plate.

The good news is that there is hope. Our Food Committee Chairman, Ganesh Kamath, is already in deep consultation with our Honorary Secretary, Sam Saldanha, to create a mouth-watering Mangalore Club Plate. There is talk of versions for vegetarians, non-vegetarians and, yes, even vegans. After all, why should the vegans be left out? They too deserve a Club Plate, even if the egg politely excuses itself.

If all goes well, the Mangalore Club Plate could soon become something members proudly recommend to every guest who walks through our

doors. And who knows: a few years from now, members of other clubs may visit us, ask for our famous Club Plate, and return home wondering why their own club doesn't have one.

Now that would be food for thought, served on a plate.



-Isaac Vas



(If you have a comment or story to tell please write to us at: manager.mangaloreclub@gmail.com or WhatsApp us on 9886485785

Articles submitted to MC Live may be edited for space constraints, clarity, grammar, and overall flow to ensure consistency with the Bulletin style and format, helping us present a high-quality publication.

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